



**BIENNIAL REPORT**  
2006-2007



**APEX**

inspire. create. achieve.

# APEX

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HIGH SCHOOL MENTORING PROGRAM

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MANAGER

OUTREACH AND ADMINISTRATION

## Who We Are

APEX is dedicated to promoting the development of inner-city Asian American youth by providing them with adult role models, educational programs, social services, and career guidance. Founded in 1992, APEX seeks to empower youth to be well-rounded, productive members of society by helping them build their self-confidence, explore academic and career goals, develop a sense of community and service, and gain leadership skills. Through one-on-one mentoring relationships and educational and social service programs, APEX helps youth overcome the multiple challenges they face and enables them to cultivate valuable relationships. We hope to inspire our youth to create and achieve their goals.

In the last two years, APEX has grown rapidly from an annual operating budget of \$287,000 to our current budget of over \$500,000. APEX serves hundreds of youth annually, largely through the generous support of more than 200 active volunteers. The volunteers include professionals in a diverse mix of industries, including Finance, Consulting, Information Technology, Media, and Engineering. Volunteers and students are supported by six full-time staff members.

APEX has the crucial support of foundations, corporations and individual donors as well as flourishing partnerships with schools and other community-based organizations.

## 2006-07 Biennial Letter

Dear Friend,

Inspire. Create. Achieve. For fifteen years, countless individuals have played a vital role helping us to inspire our youth, to create lasting relationships with our youth, and to propel our youth on a path to achieve on their own.

Our volunteers, staff, and Board are all dedicated to ensuring all of our youths can succeed. It is only fitting that our name, APEX, originally an acronym for Asian Professional Extension, Inc., has evolved into the perfect word to symbolize where we strive to take our youth. We want all of our youth to reach new heights. We feel so strongly about this that we have decided to drop our full name. From now on, we will be known simply as APEX. In conjunction with our name change, we are pleased to unveil APEX's new branding and image.

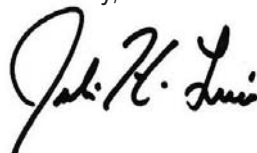
It is an exciting period for APEX. Since our last biennial report, we have launched new programs, such as our college preparatory and public speaking programs, and expanded and improved our core mentoring programs. Each year, we served over 500 students across our suite of programs. It has also been a strong fiscal period for us. Thanks to you, we have once again approximately doubled the size of our annual budget to over \$500,000, diversified our funding sources, and strengthened our reserve.

As we look forward, we are actively exploring ways to deepen the relationships we have with our youth – starting with them at an earlier age, and working with them for longer periods. We currently work with students at the fourth grade level (4th Grade Test Preparation), the sixth to eighth grades (the Middle School Mentoring Program), and the ninth to twelfth grades (the High School Mentoring program and college/SAT programs), with additional youth entering programs at each step of the way. As the research in mentoring points to the benefits of long-term, deep-rooted relationships, we are considering re-orienting APEX to work with individual youth for a continuous period, from elementary school to high school and beyond.


With both growth and expansion on our minds, we are pleased to announce that Kristy Nguyen is joining APEX as Executive Director. Kristy has a wealth of experience working with high school youth in college preparatory and career education, and we look forward to having Kristy at the helm as we embark on our next steps.

We are proud to be associated with such a wonderful organization, and we are grateful for the confidence you have shown in APEX's work. Thank you again for your support!

Sincerely,




Julian H. Liao



**“When I immigrated to the US in 2000, I could hardly speak English. Having a mentor helped me integrate into American society.”**

CHI ZHANG, 2006



“From my mentor,  
I learned what it is  
to be a successful  
Asian American  
woman.”

SHAO PING BAO, 2006

## Programs + Services

APEX currently has five distinct programs serving New York City youth mainly between the ages of ten to seventeen. Our programs weave one-to-one mentoring with structured programs that help students acquire skills for success in school and in life. By offering guided educational programs as well the flexibility of social/cultural activities, APEX is able to make a significant impact on the lives of our students. The strength of our programs is also a result of the ongoing training and support for our volunteers. APEX programs are generally offered at no cost to youth participants.

**4th Grade Prep Program.** Beginning at the fourth grade level, this program prepares students for the statewide standardized English Language Arts (ELA) and Math exams, which determine placement in New York City public schools for students starting in the 6th grade. Conducted in partnership with P.S. 1 Elementary School in Manhattan’s Chinatown, the program’s main objectives are to provide academic support and teach test-taking strategies to excel in these New York State standardized tests.

**Mentoring Programs.** The Mentoring Programs address the personal, educational, and social needs of middle school and high school students through individual relationships with adult volunteers. Volunteer mentors are selected for their demonstrated commitment to and interest in working with a young person for at least a year, and for their ability to provide support and guidance.

**Middle School Mentoring Program.** Targeting students in the sixth to eighth grades, this program pairs mentors with students, who meet at P.S. 1 Elementary School on Saturday afternoons. During meetings, students and mentors engage in large group activities and have quality one-on-one time. Pairs select Service Plans, whose topics of focus include: self-esteem, academic and English tutoring, Asian culture, social and recreational enrichment, and communication/interpersonal relationship skills. With the support of the Program Coordina-

tor, mentoring pairs choose appropriate activities to support their goals.

**High School Mentoring Program.** Through this program, high school students are paired with adults who provide guidance ranging from academic and college preparation advice, to art appreciation and career exploration. APEX staff provides pairs with activity ideas and ongoing support to ensure a successful mentoring relationship.

Mentoring pairs are encouraged to attend APEX-sponsored group events, which include canoeing, hiking, and ice skating. These events are often a first-time experience for many of our students.

**Public Speaking Program.** This program provides a general framework for understanding and practicing English speaking and listening skills. The program is an on-site partnership with the Lower East Side Preparatory High School (LESP), whose student population consists largely of recent Asian immigrants and English language learners. Beginning in 2008, APEX is working in partnership with the General Electric/NBC Universal Page Program, whose volunteers provide ongoing feedback to students as they practice public speaking skills.

The **SAT Prep Program** seeks to equip students for the standardized college entrance examination by building confidence and awareness in test-taking strategies and subject materials. The twelve-week course, held twice a year, consists of classroom instruction and diagnostic exams.

The **College Preparation Program** consists of a series of workshops and tours designed to equip students with appropriate resources and tools. Workshop topics include college admission, financial aid and scholarships, and career development. Tours of colleges within and outside of New York State are held for students to learn about academic opportunity, programs of study, and campus life.

# Organizational Statistics

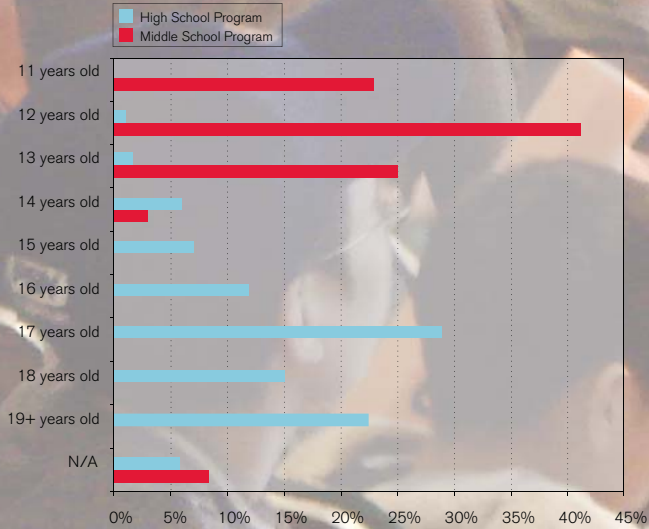
Programs	Number of Students Served	
	2006	2007
4th Grade Prep. Program at PS1	170	152
Middle School Mentoring Program	46	51
High School Mentoring Program	60	64
Public Speaking Program	13	34
SAT Prep. Program	90	100
College Prep. Program	130	101
College Tour	27	28
<b>Total*</b>	<b>536</b>	<b>530</b>

\* Students may have participated in more than one program

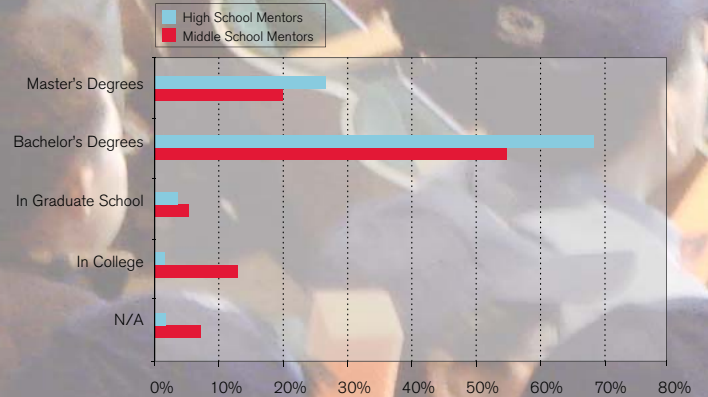
Programs	Number of Volunteers	
	2006	2007
4th Grade Prep. Program at PS1	36	36
Middle School Mentoring Program	46	51
High School Mentoring Program	60	64
Public Speaking Program	0	0
SAT Prep. Program	26	23
College Prep. Program	3	0
College Tour	4	4
<b>Total*</b>	<b>175</b>	<b>178</b>

\* Volunteers may have participated in more than one program

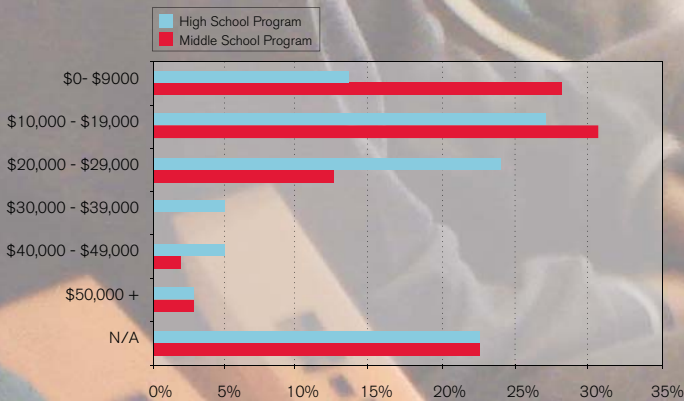
**% OF SERVED STUDENTS BY AGE**



**% OF MENTORS BY EDUCATION LEVEL**



**% OF SERVED STUDENTS BY HOUSEHOLD INCOME**



## OUR PARTNERS

APICHA - Asian & Pacific Islander Coalition on HIV/AIDS  
 Asian American Federation of New York  
 Big Brothers Big Sisters of NYC  
 The Calhoun School  
 The Child Center of New York  
 Chinatown YMCA  
 Chinese American Planning Council  
 CBW Community Health Center - Teen Resource Center  
 The Coalition for Asian American Children and Families  
 Columbia University School of Social Work  
 Fordham University Graduate School of Social Service  
 Forward Options, LLC  
 Gouverneur Hospital - Asian Bicultural Clinic  
 Hunter College School of Social Work  
 I.S. 131 - Dr. Sun Yat Sen School  
 Lower East Side Preparatory High School  
 The Mentoring Partnership of New York  
 Millennium High School  
 Murry Bergtraum High School for Business Careers  
 New York Asian Women's Center  
 Project by Project  
 P.S. 1 - Alfred E. Smith Elementary School  
 P.S. 124 - Yung Wing School  
 StoryCorps  
 University Settlement Consultation Center

# Statement of Financial Activities

FOR THE FISCAL YEARS ENDED MAY 31, 2006 + MAY 31, 2007

	<u>2006</u>	<u>2007</u>
<b>REVENUES</b>		
Grants and Contributions	\$382,903	\$376,006
Government Grants	9,027	7,914
Special Events	115,257	183,848
Interest and Other	6,155	11,756
In-Kind Contributions	-	1,729
<b>Total Revenues</b>	<u><b>\$513,342</b></u>	<u><b>\$581,253</b></u>
<b>EXPENSES</b>		
Program Services	287,157	323,110
General and Administration	40,917	84,521
Fundraising	58,924	57,769
<b>Total Expenses</b>	<u><b>\$386,998</b></u>	<u><b>\$465,400</b></u>
Change in Net Assets	126,344	115,853
Net Assets at Beginning of Year	197,578	323,922
<b>Net Assets at End of Year</b>	<u><b>\$323,922</b></u>	<u><b>\$439,775</b></u>

A copy of APEX's 2007 audited financial statements and our most recently filed IRS Form 990 are available upon request. To view APEX's IRS Form 990, see [www.guidestar.org](http://www.guidestar.org) We thank hyalinesTUDIOS and the APEX Board of Directors for underwriting the expense associated with the design and production of this biennial report.

Selected photos used in this report are courtesy of Jamie Tiampo.

# Supporters

JUNE 1, 2005-MAY 31, 2007

## \$100,000+

AMERICAN RED CROSS

## \$25,000 - \$99,999

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JPMORGAN CHASE FOUNDATION  
KENWORTHY-SWIFT FOUNDATION  
NBC UNIVERSAL FOUNDATION

## \$10,000 - \$24,999

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GOLDMAN SACHS  
GOLDMAN SACHS COMMUNITY TEAMWORKS  
LEHMAN BROTHERS ASIAN NETWORK  
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THE OPTIONS GROUP  
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## \$1,000 - \$9,999

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SUSAN & ALEX TE  
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ANONYMOUS (3)

**“...after two years  
with APEX, I have  
become a more  
talkative, confident  
and goal-oriented  
person.”**

**JUSTIN CHIN, 2006**



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